

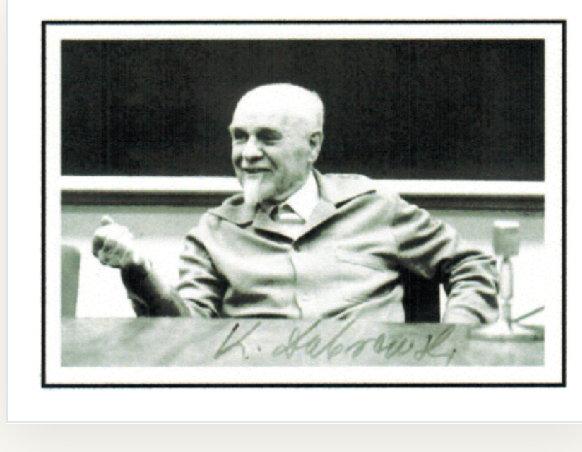
Dąbrowski Congress

Calgary, Alberta, Canada ♦ September 25–27, 2026

CONGRESS THEME

In Search of Mental Health: Exploring Multilevel Development in Dąbrowski's Theory.

The theme underscores the theory's unique approach to mental health — one reflected in the multilevel development of an authentic, autonomous personality guided by higher values.



Kazimierz Dąbrowski, MD, PhD

“Personality is not a ready gift but an achievement.”

K. DĄBROWSKI, 1967

Friday

DAY ONE · SEPTEMBER 25

2:30 – 5:30 PM	Registration Open FOYER
3:00 – 5:30 PM	WORKSHOP “Dąbrowski 101” Introduction to the Theory of Positive Disintegration Linda Silverman, PhD AUBURN ROOM
5:30 – 6:00 PM	Registration Open FOYER
6:00 – 7:00 PM	Reception · Canapés with Cash Bar Introduction of Speakers and Presenters AUBURN ROOM
7:00 – 9:30 PM	Introduction & Film <i>“Dąbrowski the Man”</i> Susan Picard, PhD AUBURN ROOM

The Marriott Hotel includes a restaurant and other venues for meals. There are also restaurants nearby — please check with the front desk.

Saturday

DAY TWO · SEPTEMBER 26

8:15 AM	Registration FOYER	
8:45 AM	Welcome & Announcements Janneke & Joe Frank · Co-Chairs AUBURN ROOM	
9:00 – 9:35 AM	SIGNATURE SESSION I Thoughts on Positive Disintegration Dexter Amend, PhD · USA · Auburn Room	
— BREAK · 9:35		
9:45 – 10:20 AM	SIGNATURE SESSION II Inner Conflict and the Role of “The Other”: TPD Relationships Michele Kane, EdD · USA · Auburn Room	
A STRAND Understanding the Theory: Dialogue Across Perspectives AUBURN ROOM	B STRAND Living the Theory: Development, Transformation, and Growth SETON ROOM	C STRAND Applying the Theory: Individual Pathways and Practice SETON ROOM
10:30 – 11:00 AM		
1A Enes Cakir · United States A Neurological Approach to the Theory of Positive Disintegration	1B Christine Ayling · Canada Multilevelness, the Virtues Project, and Growing Empathy in the Healthcare Profession	1C Sandra Ham · United States Considerations for Using Dąbrowski's Theory in Catholic Mental Health Ministries
11:10 – 11:40 AM · AFTER 11:00 BREAK		
2A Leixie Gya · United States The Alchemy of Inner Conflict: Bridging Positive Disintegration and Buddhist Mind Training	2B Glenn Groulx · Canada Using Journaling to Facilitate the Third Factor: Fostering Learner Autonomy in Non-Formal Settings	2C Sabrina Menasria · France From Overexcitability to M.A.D. Skills: Transforming Intensity into Organizational and Societal Value for Innovation and Change
11:40 – 12:40	<i>Lunch</i>	
12:40 – 1:15 PM	SIGNATURE SESSION III Rethinking Self-Concept in Light of Dąbrowskian Development Sal Mendaglio, PhD · Canada · Auburn Room	

A Understanding the Theory AUBURN ROOM	B Living the Theory SETON ROOM	C Applying the Theory SETON ROOM
1:25 – 1:55 PM		
3A Amanda Harper · Australia Through the Dąbrowski Lens: Parallels between Multilevel Development, Sternberg's T- ACCEL Model of Giftedness, and his Trilogy of Moral Intelligence	3B Peri Henderson · Canada Dąbrowski's TPD from a Tenth Grader's Perspective	3C Lisa Mazza · United States Molding and Shaping with Plato
2:05 – 2:40 PM	SIGNATURE SESSION IV The Theory of Positive Disintegration: Looking Back, Looking Forward Bill Tillier, MSc · Canada · Auburn Room	
2:50 – 3:50 PM	Table Talk Presenters circulate among table groups to answer questions. AUBURN ROOM	

Dinner on your own

Sunday

DAY THREE · SEPTEMBER 27

9:00 – 9:15 AM	Announcements Janneke & Joe Frank · Co-Chairs AUBURN ROOM	
A STRAND Understanding the Theory: Dialogue Across Perspectives AUBURN ROOM	B STRAND Living the Theory: Development, Transformation, and Growth SETON ROOM	C STRAND Applying the Theory: Individual Pathways and Practice SETON ROOM
9:15 – 9:45 AM		
4A Agnieszka Muchacka-Cymerman · Poland From Crisis to Transformation: Applying Positive Disintegration Theory to Narrative Research on Teacher Development	4B Carlyn Neek · Canada Toward a Life Worth Living: Occupation, Values, and the Path of Becoming	4C Paul McGaffey · Canada Wired Weird?: Reshaping Overexcitabilities
9:55 – 10:25 AM · AFTER 9:45 BREAK		
5A Susan Picard · Canada What the Theory of Positive Disintegration Can Teach Us About Inclusion	5B Chris Van Camp · Belgium Dąbrowski in the 21st Century: Positive Disintegration as a Framework for Understanding the Future — and Protecting Our Humanity	5C Anita Pindiur · United States From Pain to Purpose: Reclaiming Life Through Recovery — Understanding Substance and Gambling Use Disorders
10:35 – 11:35 AM	PANEL PRESENTATION Kazimierz Dąbrowski: Remembering the Man Behind the Theory Dexter Amend · Paul McGaffey · Leo Mos · Bill Tillier AUBURN ROOM	
11:35 – 12:00 PM	Wrap Up & Next Congress AUBURN ROOM	

Lunch on your own

Thank you, and safe journeys home everyone.