

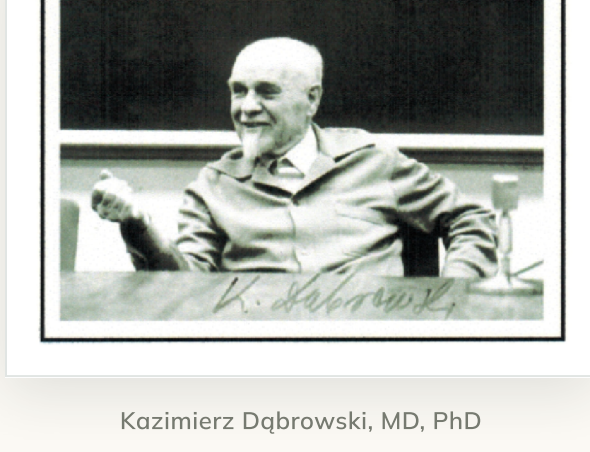
Dąbrowski Congress

Calgary, Alberta, Canada ♦ September 25–27, 2026

CONGRESS THEME

In Search of Mental Health: Exploring Multilevel Development in Dąbrowski’s Theory.

The theme underscores the theory’s unique approach to mental health — one reflected in the multilevel development of an authentic, autonomous personality guided by higher values.



Kazimierz Dąbrowski, MD, PhD

“Personality is not a ready gift but an

achievement.”

KAZIMIERZ DĄBROWSKI

Friday

DAY ONE · SEPTEMBER 25

2:30 – 5:30 PM	Registration Open FOYER
3:00 – 5:30 PM	WORKSHOP “Dąbrowski 101” Introduction to the Theory of Positive Disintegration If you are a relative newcomer to Dąbrowski’s work, or would like a refresher experience, this pre-congress workshop will be a helpful precursor to the more in-depth and diverse work to be discussed during the congress. Linda Silverman, PhD AUBURN ROOM
5:30 – 6:00 PM	Registration Open FOYER
6:00 – 7:00 PM	Reception · Canapés with Cash Bar Introduction of Speakers and Presenters AUBURN ROOM
7:00 – 9:30 PM	Two Short Films <i>“Dąbrowski the Man: The Life Behind the Theory” & “Be Greeted, Psychoneurotics”</i> The Theory of Positive Disintegration resonates with many who have experienced some of the ‘disintegration’ described in Dąbrowski’s complex work. The first short film was created with the belief that the life and times during which Dąbrowski developed his theory adds depth and understanding to those who engage with it. The second film allows the audience to see Dąbrowski himself work with a patient, and will be followed by commentary from psychologist Paul McGaffey, who worked with Dąbrowski, sharing what can be learned about the man and his theory from observing this interaction. Susan Picard, PhD & Paul McGaffey, PhD AUBURN ROOM

Saturday

DAY TWO · SEPTEMBER 26

8:15 AM	Registration FOYER
8:45 AM	Welcome & Announcements Janneke & Joe Frank · Co-Chairs AUBURN ROOM
9:00 – 9:35 AM	SIGNATURE SESSION I Thoughts on Positive Disintegration Dexter Amend, PhD · USA · Auburn Room — BREAK · 9:35
9:45 – 10:20 AM	SIGNATURE SESSION II Inner Conflict and the Role of “The Other”: TPD Relationships Michele Kane, EdD · USA · Auburn Room
A STRAND Understanding the Theory: Dialogue Across Perspectives AUBURN ROOM B STRAND Living the Theory: Development, Transformation, and Growth SETON ROOM C STRAND Applying the Theory: Individual Pathways and Practice SETON ROOM	
10:30 – 11:00 AM	
1A Enes Cakir · United States A Neurological Approach to the Theory of Positive Disintegration 1B Christine Ayling · Canada Multilevelness, the Virtues Project, and Growing Empathy in the Healthcare Profession 1C Sandra A. Ham · United States Considerations for Using Dąbrowski’s Theory in Catholic Mental Health Ministries	
11:10 – 11:40 AM · AFTER 11:00 BREAK	
2A Lama Lakshey Zangpo Rinpoche · United States The Alchemy of Inner Conflict: Bridging Positive Disintegration and Buddhist Mind Training 2B Chris Van Camp · Belgium Dąbrowski in the 21st Century: Positive Disintegration as a Framework for Understanding the Future — and Protecting Our Humanity 2C Sabrina Menasria · France From Overexcitability to M.A.D. Skills: Transforming Intensity into Organizational and Societal Value for Innovation and Change	
11:40 – 12:40	Lunch
12:40 – 1:15 PM	SIGNATURE SESSION III Rethinking Self-Concept in Light of Dąbrowskian Development Sal Mendaglio, PhD · Canada · Auburn Room

A Understanding the Theory AUBURN ROOM	B Living the Theory SETON ROOM	C Applying the Theory SETON ROOM
1:25 – 1:55 PM		
3A Amanda Harper, PhD · Australia Through the Dąbrowski Lens: Parallels between Multilevel Development, Sternberg’s T- ACCEL Model of Giftedness, and his Trilogy of Moral Intelligence	3B Peri Henderson · Canada Dąbrowski’s TPD from a Tenth Grader’s Perspective	3C Lisa Mazza, MA/MSc · United States “Molding and Shaping with Plato: An Educator’s Journey with Gifted Students”
2:05 – 2:40 PM	SIGNATURE SESSION IV The Theory of Positive Disintegration: Looking Back, Looking Forward Bill Tillier, MSc · Canada · Auburn Room	
2:50 – 3:50 PM	Table Talk Presenters circulate among table groups to answer questions. AUBURN ROOM	

The Marriott Hotel includes a restaurant and other venues for meals. There are also restaurants nearby — please check with the front desk.

Dinner on your own

Sunday

DAY THREE · SEPTEMBER 27

9:00 – 9:15 AM	Announcements Janneke & Joe Frank · Co-Chairs AUBURN ROOM	
A STRAND Understanding the Theory: Dialogue Across Perspectives AUBURN ROOM	B STRAND Living the Theory: Development, Transformation, and Growth SETON ROOM	C STRAND Applying the Theory: Individual Pathways and Practice SETON ROOM
9:15 – 9:45 AM		
4A Agnieszka Muchacka- Cymerman, PhD · Poland From Crisis to Transformation: Applying Positive Disintegration Theory to Narrative Research on Teacher Development	4B Carlyn Neek · Canada Toward a Life Worth Living: Occupation, Values, and the Path of Becoming	4C Paul McGaffey, PhD · Canada Wired Weird?: Reshaping Overexcitabilities
9:55 – 10:25 AM · AFTER 9:45 BREAK		
5A Susan Picard, PhD · Canada What the Theory of Positive Disintegration Can Teach Us About Inclusion	5B Glenn Groulx, MDE · Canada Using Journaling to Facilitate the Third Factor: Fostering Learner Autonomy in Non-Formal Settings	5C Anita Pindiur, MSc · United States From Pain to Purpose: Reclaiming Life Through Recovery — Understanding Substance and Gambling Use Disorders
10:35 – 11:35 AM	PANEL PRESENTATION Kazimierz Dąbrowski: Remembering the Man Behind the Theory Dexter Amend · Paul McGaffey · Leo Mos · Bill Tillier AUBURN ROOM	
11:45 – 1:00 PM	Wrap Up, Recognitions & Next Congress AUBURN ROOM	

Lunch on your own

Lunch on your own

Thank you, and safe journeys home everyone.



Please note: Speaker times and schedule details are subject to change. We'll keep this page updated with the latest information.

UPDATED ON SEPTEMBER 3, 2026